

GAGE COUNTY *on the move*

"On The Move" is a 5-month (Feb. 1-June 30) walking/activity competition among five Nebraska communities, including Gage County. The winning county will log the most steps per person and receive \$10,000 to be used to enhance walking programs in Gage County.

Anyone can participate!

Any physical activity can be converted to steps @ www.nebraskaonthemove.org!

Free Pedometer to Participants

For more information contact Moya Peters, RD: mpeters@bchhc.org or 223-7351 or Sharon Langvardt, MS (PATCH coordinator): bluevalley@alltel.net or 223-3103; Calleen Hartig 239-9600.

If you are an indoor walker, write INDOOR WALKER at the top of the March walking log sheet to be eligible for a special March Madness drawing.

WINNER

of the February drawing for
the doggy bed:
Gene DeBuse and Chloe,
his walking buddy

APRIL 1-30, 2006:

"WOMEN IN THE WORKPLACE"

All walks begin at 9 a.m. and will be approximately 2 miles round-trip. In case of inclement weather, walkers are encouraged to use the Beatrice Public Library indoor walking track.



PETER KIEWIT
FOUNDATION



WELCOME
other Local Businesses



register

on-line @ nebraskaonthemove.org
mail registration form

drop box @ Beatrice Public Library,
Beatrice Community Hospital, YMCA
or Indian Creek Mall

log steps

@ nebraskaonthemove.org
or find log sheet & activity conversion
charts at drop boxes in Beatrice.

win!

Special events for prizes throughout
the campaign!

APRIL 1- Start from the Chautauqua Tabernacle

APRIL 8- Start at the Riverside Shelter

APRIL 15- No walk

APRIL 20- Start from the Beatrice Water Park

APRIL 29- Homestead National Monument in conjunction
with the March for Parks.

Registrants on the Saturday morning walks will be entered into a prize drawing for a weekend at Mahoney Park. Please check our web site for a complete list of prizes to be given for those registering at the Saturday walks, including walking at the Beatrice Public Library.

Project P.A.C.E. Sponsors

HELP GAGE COUNTY WIN \$10,000